

WELCOME TO OUR



Monthly Newsletter

Back to School, Back to Routine



Help your pet adjust to end of summer

AS SUMMER COMES TO AN END AND FAMILIES HEAD BACK TO SCHOOL, OUR PETS EXPERIENCE CHANGES TOO. A QUIETER HOME, DIFFERENT SCHEDULES, AND LESS ATTENTION CAN LEAVE SOME PETS FEELING CONFUSED OR ANXIOUS. AUGUST IS THE PERFECT TIME TO HELP YOUR FURRY FAMILY MEMBERS TRANSITION BACK INTO A HEALTHY ROUTINE.



WHY ROUTINE MATTERS TO PETS...

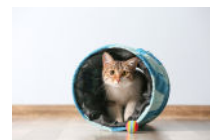


WHILE WE MARK THE END OF SUMMER BY SHOPPING FOR SCHOOL SUPPLIES AND UPDATING OUR CALENDARS, OUR PETS NOTICE SOMETHING ENTIRELY DIFFERENT—THEY NOTICE THAT THEIR FAVORITE PEOPLE ARE SUDDENLY GONE FOR LONGER PERIODS EACH DAY.

DOGS AND CATS THRIVE ON CONSISTENCY. CHANGES IN DAILY SCHEDULES CAN AFFECT THEIR BEHAVIOR, APPETITE, SLEEP PATTERNS, AND EVEN THEIR OVERALL HEALTH. WHETHER YOUR PET IS AN ENERGETIC PUPPY, A CURIOUS KITTEN, OR A SENIOR COMPANION, ESTABLISHING A PREDICTABLE ROUTINE HELPS THEM FEEL SAFE, CONFIDENT, AND SECURE.

AS YOUR FAMILY SETTLES INTO A NEW SCHOOL-YEAR SCHEDULE, REMEMBER TO KEEP THESE ROUTINES AS CONSISTENT AS POSSIBLE:

-  FEED MEALS AT THE SAME TIME EACH DAY.
-  MAINTAIN REGULAR WALKS AND PLAYTIME.
-  STAY ON SCHEDULE WITH MONTHLY FLEA, TICK, AND HEARTWORM PREVENTION.
-  DON'T POSTPONE ANNUAL WELLNESS EXAMS AND PREVENTIVE CARE.
-  SET ASIDE QUALITY ONE-ON-ONE TIME EVERY DAY—EVEN 15 MINUTES CAN MAKE A BIG DIFFERENCE.



A LITTLE CONSISTENCY GOES A LONG WAY IN HELPING PETS ADJUST TO LIFE'S CHANGES WHILE KEEPING THEM HEALTHY AND HAPPY.

RECOGNIZING SIGNS OF STRESS...

NOT EVERY PET WILL REACT THE SAME WAY TO A CHANGE IN ROUTINE. SOME ADAPT QUICKLY, WHILE OTHERS MAY NEED A LITTLE EXTRA TIME AND SUPPORT.

AS YOUR FAMILY SETTLES INTO A NEW SCHEDULE,
KEEP AN EYE OUT FOR CHANGES IN YOUR PET'S BEHAVIOR.

COMMON SIGNS THAT YOUR PET MAY BE FEELING STRESSED INCLUDE:

INCREASED BARKING, WHINING, OR MEOWING
DESTRUCTIVE CHEWING OR SCRATCHING
ACCIDENTS IN THE HOUSE
PACING OR RESTLESSNESS
CHANGES IN APPETITE
SLEEPING MORE THAN USUAL
BECOMING CLINGY OR SEEKING EXTRA ATTENTION
HIDING OR WITHDRAWING FROM FAMILY INTERACTIONS



IF YOU NOTICE THESE BEHAVIORS, DON'T WORRY—THEY'RE OFTEN YOUR PET'S WAY OF ADJUSTING TO A NEW ROUTINE. MAINTAINING CONSISTENT MEAL TIMES, REGULAR EXERCISE, MENTAL ENRICHMENT, AND QUALITY TIME TOGETHER CAN HELP EASE THE TRANSITION.

IF THESE BEHAVIORS PERSIST OR BECOME MORE SEVERE, OUR TEAM IS HERE TO HELP. WE CAN WORK WITH YOU TO IDENTIFY THE CAUSE AND DEVELOP A PLAN TO HELP YOUR PET FEEL COMFORTABLE, CONFIDENT, AND SECURE.

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BACK-TO-SCHOOL SAFETY TIPS

BACKPACKS, LUNCHBOXES, AND SCHOOL SUPPLIES OFTEN END UP WITHIN REACH OF CURIOUS PETS. WHILE MANY EVERYDAY ITEMS SEEM HARMLESS, SOME CAN POSE SERIOUS HEALTH RISKS IF CHEWED OR SWALLOWED.

KEEP THESE COMMON HAZARDS OUT OF REACH:



-  **CHOCOLATE** – A COMMON LUNCHBOX TREAT THAT IS TOXIC TO DOGS AND CATS.
-  **GRAPES AND RAISINS** – EVEN SMALL AMOUNTS CAN CAUSE KIDNEY FAILURE IN DOGS.
-  **SUGAR-FREE GUM AND CANDY** – PRODUCTS CONTAINING XYLITOL ARE EXTREMELY TOXIC TO DOGS.
-  **MEDICATIONS** – ADHD MEDICATIONS, PAIN RELIEVERS, AND VITAMINS SHOULD ALWAYS BE STORED SECURELY.
-  **PENS, PENCILS, MARKERS, AND CRAYONS** – WHILE MANY ARE NON-TOXIC, THEY CAN STILL CAUSE STOMACH UPSET OR INTESTINAL BLOCKAGES IF SWALLOWED.
-  **BATTERIES** – FOUND IN CALCULATORS AND ELECTRONICS, BATTERIES CAN CAUSE SEVERE BURNS IF CHEWED.
-  **BACKPACKS AND LUNCHBOXES** – LEFTOVERS, WRAPPERS, AND FORGOTTEN SNACKS CAN QUICKLY BECOME TEMPTING FOR PETS.

IF YOU THINK YOUR PET HAS EATEN SOMETHING THEY SHOULDN'T, DON'T WAIT FOR SYMPTOMS TO APPEAR. CONTACT MAPLEWOOD VETERINARY CENTER RIGHT AWAY SO WE CAN HELP DETERMINE THE BEST COURSE OF ACTION. QUICK ACTION CAN MAKE ALL THE DIFFERENCE.



🔥 Hot Take 🔥

FROM DR. MATT

"YOUR DOG DOESN'T KNOW IT'S BACK-TO-SCHOOL SEASON — THEY JUST KNOW THEIR FAVORITE PEOPLE SUDDENLY DISAPPEARED."

JUST LIKE PEOPLE, PETS THRIVE ON ROUTINE. WHEN SCHEDULES SUDDENLY CHANGE, YOU MAY NOTICE BARKING, ACCIDENTS, DESTRUCTIVE BEHAVIOR, OR CHANGES IN APPETITE. A LITTLE PLANNING NOW CAN MAKE THE TRANSITION MUCH EASIER FOR EVERYONE.



A FEW TIPS TO CONSIDER FOR A SMOOTH TRANSITION...



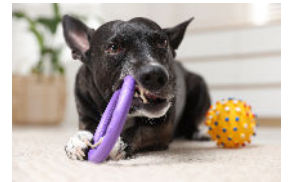
BEGIN CHANGING YOUR SCHEDULE A FEW DAYS BEFORE SCHOOL STARTS.

FEED MEALS AT CONSISTENT TIMES.



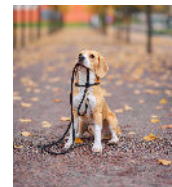
KEEP DAILY WALKS ON A ROUTINE.

LEAVE INTERACTIVE TOYS OR FOOD PUZZLES WHILE YOU'RE AWAY.

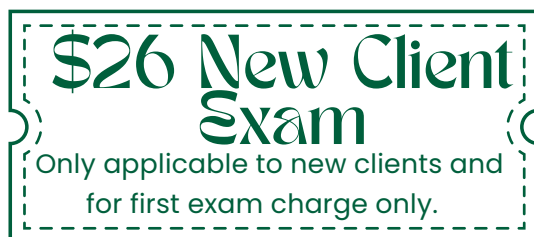


TURN ON CALMING MUSIC OR WHITE NOISE.

GIVE YOUR PET QUALITY EXERCISE BEFORE LEAVING THE HOUSE.



AVOID MAKING DEPARTURES AND ARRIVALS OVERLY EMOTIONAL.



Thank you for being part of our Maplewood family — here's to a happy, healthy spring for you and your furry companions! If you have any questions or need to schedule an appointment, give us a call at **563-888-5850** or **click below to schedule online!**

[BOOK HERE!](#)

@MaplewoodVeterinaryCenter | mvc@maplewood.vet